FOGSI ICOG CERTIFICATE COURSE

on

"ADOLESCENT HEALTH"

with FOGSI Committees as

"Adolescent Health, Ethics & Medicolegal, Public Awareness"

Tue 24th, Wed 25th , Thu 26th November 2026

Timing: 4.00pm to 7.00pm



Dr. Bhaskar Pal
President FOGSI ICOG



Dr. Sheela Mane
Chairperson ICOG



Dr. Ashok Kumar
Chairperson Elect ICOG



Dr. Suvarna Khadilkar
Secretary General FOGSI



Dr. Sadhana Gupta
Vice Chairperson ICOG



Dr. Pratik Tambe
Secretary ICOG

Convenor



Dr. S Sampath Kumari
FOGSI – Vice President 2023 &
Chairperson, FOGSI Adolescent Health Committee 2016-18

Coordinators

Day 1



Dr. Supriya Arwari
Chairperson-
Adolescent Health Committee
FOGSI (2026 – 2028)

Day 2



Dr. Jyoti Bunglowala
Chairperson-
Ethics & Medico Legal
Committee (2024 – 2026)

Day 3



Dr. Monica Umbardand
Chairperson
Public Awareness
Committee (2026 - 2028)

Moc's

Dr. Supriya Arwari | **Dr. Monica Umbardand** | **Dr. Pratibha Baldava**

zoom

ID: **818 1409 7034** | Passcode: **258390**

ICOG has Awarded 10 Credit Points

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Day 1 | 24th November 2026 (Tuesday)

Coordinator : Dr. Supriya Arwari

4:00 pm - 4:10 pm	Inauguration & Welcome by FOGSI President Dr. Bhaskar Pal & Chairperson ICOG Dr. Sheela Mane, Secretary General FOGSI Dr Suvarna Khadilkar
4:10 pm - 4:15 pm	Overview of Day 1 topics by Dr. Supriya Arwari

4.15 pm - 5.00 pm — Session 1

Chairpersons : Dr. SP Jaiswar, Dr. Vani Puri, Dr. Ekta Singh

Time	Topic	Speakers
4.15 pm - 4.30 pm	Adolescent Counselling	Dr. Sampathkumari
4.30 pm - 4.45 pm	Nutrition in Adolscent	Dr. Vidya Thobbi
4.45 pm - 5.00 pm	Endometriosis in Adolescent	Dr. Asha Rao

5.02 pm - 6.15 pm — Session 2

Chairpersons : Dr. Jayanthi Thammiah, Dr. Latika Agarwal, Dr. Suchita Pisat

Time	Topic	Speakers
5.02 pm - 5.20 pm	Leucorrhoea in Adolescent	Dr. Meena Mahalingam
5.20 pm - 5.35 pm	HMB in Adolescent	Dr. Supriya Arwari

5.35 pm - 6.05 pm — Session 3 - Panel Discussion:

Topic : Primary Amenorrhoea

Time		
5.35 pm - 6.05 pm	**Moderators:** Dr. Jayam Kannan	**Panelists:** Dr. Alok Sharma Dr. Poonam Lal Dr. Sheeba Marwah Dr. Helen K Dr. Latika Agarwal Dr. Revati Rane Dr. Naisargi Patel Dr. Janani Thendral

6.05 pm - 6.45 pm — Session 4

Time	Topic	
6.05 pm - 6.20 pm	Adolescent Clinic	Dr. S Sampathkumari
6.20 pm - 6.35 pm	Post Test - Day 1 Topics	
6.35 pm - 6.45 pm	Concluding Remarks & Thanks by Convenor/Coordinator	

**Note: Eligibility criteria- 50% marks in post test on all 3 days.
Certificate will be issued to eligible FOGSI members ONLY

Day 2 | 25th November 2026 (Wednesday)

Coordinator : Dr. Jyoti Bunglowala

4:00 pm - 4:10 pm	Welcome by Dr. Sadhana Gupta, Vice Chairperson ICOG & Chairperson Elect Dr. Ashok Kumar
4:10 pm - 4:15 pm	Summary of Day 1 & Overview of Day 2 topics by Dr. Jyoti Bunglowala

4.15 pm - 5.00 pm — Session 1

Chairpersons : Dr. Seema Varshney, Dr. Rhea Lalwani, Dr. Sasmita Dash

Time	Topic	Speakers
4.15 pm - 4.30 pm	Anemia in Adolesent	Dr. Amrita Sarkari Jaipuriar
4.30 pm - 4.45 pm	PID in Adolesent	Dr. Smita Dube

4.45 pm - 5.25 pm — Session 2

Chairpersons : Dr. Dolly Mehra, Dr. Shanta Durgae, Dr. Anjali Gurram

Time	Topic	Speakers
4.45 pm - 5.05 pm	MTP ACT	Dr. Alka Kuthe
5.05 pm - 5.25 pm	Teenage Pregnancy	Dr. Supriya jaiswal

5.25 pm - 5.55 pm — Session 3 - Panel Discussion:

Topic : POCSO Act

Time		
5.25 pm - 5.55 pm	**Moderators:** Dr. Jyoti Bunglowala Dr. Sarfaraz Kazi	**Panelists:** Dr. Sarfaraz Kazi Dr. Meena Mahalingam Dr. Swarupa Iyer Dr. Meenakshi Deshpande Dr. Suyoga Panat Dr. Sumathi Prem Dr. Queen Aditya Dr. Vrishali Mane

5.55 pm - 6.30 pm — Session 4

Time	Topic	
5.55 pm - 6.10 pm	Adolescent Queries about Breast	Dr. Charu Bapayee
6.10 pm - 6.25 pm	Post Test - Day 2 Topics	
6.25 pm - 6.30 pm	Concluding Remarks & Thanks by Convenor/Coordinator	

**Note: Eligibility criteria- 50% marks in post test on all 3 days.
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Day 3 | 26th November 2026 (Friday)

Coordinator : Dr. Monica Umbardand

4:00 pm - 4:10 pm	Welcome by Dr. Pratik Tambe, Secretary ICOG & Dr. Sarita Bhalerao, Vice Chairperson Elect
4:10 pm - 4:15 pm	Summary of Day 2 & Overview of Day 3 topics by Dr. Monica Umbardand

4.15 pm - 5.40 pm	Session 1	
Chairpersons : Dr. Rashmi Vyas, Dr. Monica Pathak, Dr. Kiran Chandna		
Time	**Topic**	**Speakers**
4.15 pm - 4.30 pm	Obesity in Adolescent	Dr. Madhavi Adabala
4.30 pm - 4.50 pm	Mental Health in Adolescent	Dr. Aruna Muralidhar
4.50 pm - 5.10 pm	Menstrual Hygine	Dr. Suchitra Sudhir

5.10 pm - 5.40 pm	Session 2	
Chairpersons : Dr. Priyanka Kamble, Dr. Chitra Pandey, Dr. Shashikant Umbardand		
Time	**Topic**	**Speakers**
5.10 pm - 5.25pm	Adnexal mass in adol	Dr. Bhagyalaxmi Nayak
5.25 pm - 5.40 pm	Sexual health in adolescent	Dr. Madan Kamble

5.40 pm - 6.20 pm	Session 3 - Panel Discussion:	
Time	Topic : PMOS	
5.40 pm - 6.20 pm	**Moderators:** Dr. Girish Mane Dr. Supriya Arwari **Expert:** Dr. Vidya Thobi	**Panelists:** Dr. Charu Modi Dr. Gauri Karandikar Dr. Yogini Rolekar Dr. Ami Mehta Dr. Poonam Belokar Dr. Shatabdi Dr. Preeti Vyas Dr. Arathi Raghu
6.20 pm - 6.30 pm	Post Test - Day 3 Topics	
6.30 pm - 6.35 pm	Concluding Remarks & Thanks by Convenor/Coordinator	

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